



**ACE RMO Intake
2026 Training Year
Health New Zealand
Lakes
Employer Information Sheet**

Health New Zealand Lakes

Contact

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Why Choose Health New Zealand Lakes

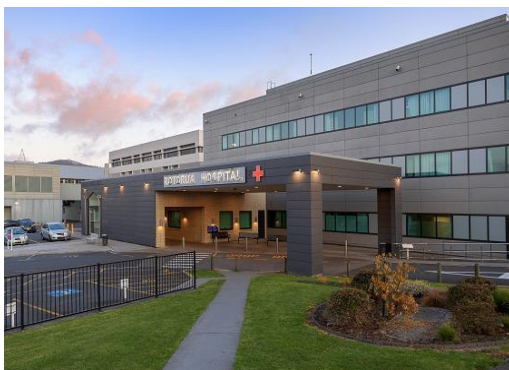
- Small province. Excellent for new graduates offering a great opportunity to consolidate your skills and knowledge across a range of services within a diverse multi-cultural population, with an emphasis on Maori health.
- Modern facilities, short commute, FREE parking, secure bike storage.
- Gain hands-on experience in a wide range of clinical conditions.

A few words from current RMOs:

“Working at Rotorua Hospital you work with a super friendly team, in functional departments, and with supportive colleagues.”

“The workload is manageable and we are encouraged to take on more clinical responsibility with support.”

“I think Taupo is awesome, we have such a great team who work well together across all disciplines and are able to provide holistic care with as much continuity as possible, I feel well supported by all in the hospital”.



Attractions to the Region

Stunning forests and lakes nearby for fishing, swimming, water sports, mountain biking, running and walking. With a close travel distance to beaches and mountains. A great central location.



Selection Criteria

- Mandatory cover letter and CV
- Consideration of ACE score.
- References from supervisors
- Keen interest in working at lakes (i.e. visit prior to applying).

PGY1 Runs

- General Medicine
- Orthopaedics/ ENT
- General Surgery
- Geriatrics / Rehabilitation
- Psychiatry
- Community Psychiatry
- Community General Practice
- Community Taupō Medicine

PGY2 Runs

- As above +
- ICU/Anaesthetics
- Emergency Medicine
- MAPU
- Paediatrics
- Obstetrics & Gynaecology
- Reliever Runs

Late Starts

Late starts cannot be facilitated. Successful applicants are required to commence work at the start of the training year in January.

Vocational Training

General Surgery; Anaesthetics; Psychiatry; General Medicine; MAPU; Radiology; Paediatrics; Ophthalmology; Orthopaedics and Obstetrics & Gynaecology.

Regular House Officer Teaching

- Weekly teaching sessions
- Department teaching
- Grand Rounds

Rosters

Rosters vary across the specialities, however to give you an idea on average you will work:

Medical Runs –Most consist of

- 1 long day in 5
- 1 in 5 weekends (0800-2200)
- 2-3 sets of split nights per quarter
- Nights not worked in the first 6 months as a PGY1

Weekend Rosters

- Medicine – On average 1 in 3 weekends are rostered
- Surgery - On average 1 in 3 weekend are rostered

PGY1 Average Pay

Category D – non urban – Union dependant

\$98,381 RDA

\$103,700 SToNZ

